



MFA

MOVING FORWARD AUSTRALIA

Diluting the Icebergs ®

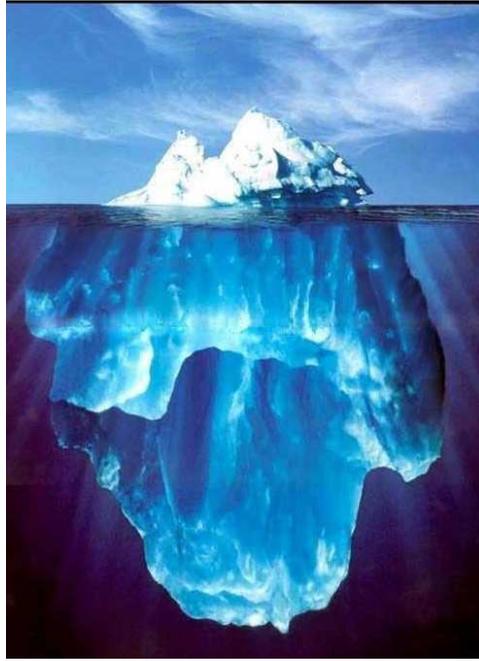
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Hibbs Family Trust



***An intensive program
designed
to be
the absolute epitome
in personal development
today.***

***Guaranteed
to gain the desired results
for all participants
while allowing
for continuity
in individualistic growth.***

***Conducted monthly in Melbourne, Perth
& on the Gold Coast.***



SO WHAT ARE ICEBERGS?

Icebergs are our subconscious drive mechanisms be they negative or positive. As the positives look after themselves nicely, it is only necessary to address the negatives. The negative portion of our icebergs is formed during our formative years as a defense mechanism. Remember the negative icebergs are simply the part of our developed personality that gets us into trouble. It is merely a habitual reaction or non-action that can be unlearned through these programs.

In other words, when you ask yourself questions like: why do I continue to do this or that? What is holding me back? Do I really think that about this or that? Etc, etc. The answer to these questions and consequential behaviours are a result of how we survived similar situations in the past. Even if the end result wasn't the desired one, we still survived.

Moving Forward Australia allows for the participant to find these icebergs and not only addresses them but gain the tools to adjust them totally for the desired outcomes. This applies to all facets of the participant's daily lives.

EXPECTED RESULTS

Expulsion of daily anxieties

Total comprehension of negative behavioural traits

Massive increase in sense of self worth and self-esteem

Depletion of depressive thoughts and behaviours

Conflict resolution in all aspects of relationship disruptions

Release of suppressed angers and resentments for balance

Gaining in positive project lifestyle

Tools for after care expectations

Total understanding of self and important people in your life

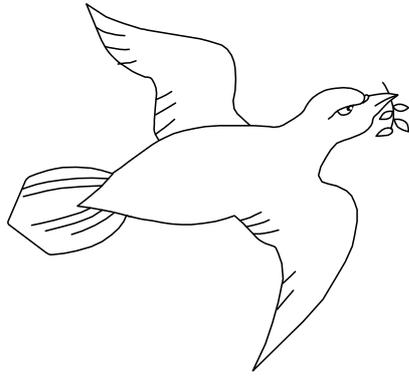
Total sense of ease in the daily activities of life

This program has participants nurturing themselves as their own life coach and as a consequence effecting on others within the participant's life. To be removed from an existence of just surviving to be living a life of total freedom with true direction is for many merely a dream, but, very available through *Moving Forward: Diluting the Icebergs* program.

Moving Forward: Diluting the Icebergs has proven itself as the forerunner in both personal development and personal educational programs in the new millennium.

Over the progression of the three day program, participants are asked to re-address facets of their lives that they themselves are not happy with and with both a psychological and metaphysical approach move forward to resolution. *Moving Forward: Diluting the Icebergs* presents the often long awaited answers to this resolution.

BLAME ONLY DIS-EMPOWERS SELF!



TO FORGIVE IS TO BE FREE

I came at day's end tired and worn
So weary with the load I bore.

Tis' heavy father,
Help me, help me to endure
But no help came.

Instead, a soft voice on evening breeze;
"Forgive; they know not what they do".

"Forgive – what did I have to forgive?"

Then looking behind I saw the pack I carried,
Full of resentments, fear, angers held and all tightly bound with self-pity.

I stood up straight and let them fall:

**FORGIVE -
FORGIVE IS TO BE FREE**

What aspects of our daily lives really restrict our progression?

Do we really know what we want and how to achieve it?

Can we comprehend our own contribution to our restrictive outcomes?

**Is it time to re-assess where we want to be in five years time and how to
get there sooner?**

**Are we adult enough to consider that there really is a better way of doing
things?**

These questions and many more are common in every individual's daily life. The problems only arise when the individual denies the existence of the patterned problems. Why do things keep on happening to my loved ones or me? Every individual aspires to live a life free of restrictions and to attain both material and spiritual ascendancy for a perceived fulfilled lifestyle. This is VERY achievable once the so-called ICEBERG (neurosis) has been addressed and diluted. It is important to point out here that many will deny the very existence of the so-called Iceberg as it, itself, must protect and defend it 's own existence within the psyche.

Without this defence there is vulnerability that must be experienced to reach the retained freedom that has been suppressed throughout the existence of the Iceberg. Defenses are not a bad thing; it is only the inappropriate use of the defenses that makes them a negative source. Hence, their dilution enables correct usage if required to defend a fragile psyche at appropriate times and not when it can be misinterpreted and affect a flourishing relationship. Be it at work or in the personal aspect of our lives, either way, the effect of Icebergs is destructive and withholding to every individual. With this in mind every individual needs to arrest their own Iceberg in order to fulfill their own personal aspirations. This applies to people from all walks of life and has no bearing on career incomes.

From the top of the corporate scale through to everyday people, Icebergs are prevalent to all. Only the misuses of the Icebergs create drama in our lives. It astonishes participants to realise the massive effect the Icebergs have on all facets of our lives, from relationships to career restrictions as well as many health issues. Even addictive behaviours can often be attached to an individual's Iceberg.

WHAT OTHERS ARE SAYING:

<http://www.movingforwardaustralia.com/testimonials/>

**So am I being told that my disruptions and disagreements
are a result of my own decision-making processes?**

In a word – Yep!

Dr Heider states that we also interpret our own worlds in an individualistic manner and as a result of these interpretations we act or react due to known experiences; be they negative or positive. This workshop allows it participants to re-address their individual patterning and the root cause for its implementation, allowing for not only exposure of its consequences but also an expressional dialogue to free the individual from the grasp of the pattern.

By experiencing the *Moving Forward – Diluting the Icebergs* program you will leave the program with an extraordinary insight into the human condition and psyche, no less your own. As both an educational and experiential program, *Moving Forward – Diluting the Icebergs* proves to be the epitome in personal development programs available today.

As the program encompasses many facets of personal development while being certain to cover both educational and expressional aspects of therapy, the program allows for the individual to cater for their own progression at their own pace.

Moving Forward – Diluting the Icebergs has only one claim to fame and that is that if the tools presented within the three-day workshop are implemented 100%, the participant will develop and create a new lifestyle that is both desired and achievable. YES! An enormous statement, however, very achievable as the program is structured around proven and accepted techniques not only within the psychological world but also the metaphysical domain thus covering all aspects to bring to fruition the desired result.

Things that may interfere with your progress

Fears

Resentments

Angers held

Self Pity

Denial of Negative input

False Pride

Lack of EQ

To enable yourself to have an exclusive interview
for participation in the upcoming program,
please complete the following form:

My Name:

My Contact Number:

Landline:

My Email Address:

My Address:

Post Code:

What I would like to achieve by attending *Moving Forward-Diluting the Icebergs*:

Date:

Signed:

Accepted:

Facilitator:

Signed:

Please find attached my application to attend the upcoming *Moving Forward – Diluting the Icebergs* seminar and herewith my non-refundable deposit of \$ _____ to reserve a seat for my attendance in the seminar. The seminar dates I would like to attend are _____ and I understand that the balance of the full amount for attending the program (\$2,090.00) is required to be paid 10 days prior to me attending. I understand that the seminar fee does not include any accommodation however it does cater for a light lunch and morning and afternoon teas for each of the three days.

Name:

Signature:

Address:

Telephone:

Mobile:

If paying by cheque; please make payable to Hibbs Family Trust.

Credit cards are accepted at:

<http://www.movingforwardaustralia.com/book-store>



**Electronic transfer (PREFERRED): Bank: NAB.
Name: HIBBS FAMILY TRUST
Bsb: 084716
Acc: 286010721**



Herewith a receipt for the amount of \$ _____ being part/full/final (please circle) payment for the upcoming *Moving Forward – Diluting the Icebergs* seminar for the dates of:

It is understood that the full payment is required 10 days prior to the seminar.

Date:

Amount received: \$

Signed:

on behalf of *Moving Forward*.

Client Name: